

賽馬會「攜手同行」癌症患者支援計劃 Jockey Club Cancer Survivorship Care Project

Capacity Building Workshop for Social Workers, Nurses & Allied Healthcare Professionals on Rehabilitation and Survivorship

Music Therapy for Cancer Care Support

Course Outline

Date	8 & 15 July 2023 (Sat) 2-day workshop
Time	9:30am – 5:00pm Morning session : 9:30am-12:30noon Afternoon session : 2:00pm-5:00pm
Venue	10/F, The Hong Kong Federation of Youth Groups Building (Model Lane entrance – next to Quarry bay station exit C)
Trainer	Mr. Kingman Chung Registered Music Therapist (Australia)
Target	Social workers, nurses, and allied health professionals
No. of participants	25 persons
Objective	To equip participants with some simple and interesting music therapy techniques through experiential learning, which can be used in daily counseling work and in small groups for supporting cancer patients with emotional problems.
Language	Cantonese supplemented by English materials
Format	Face to face -Lecture, individual and collaborative creation, group sharing
Fee	Free (first come, first served basis) Remark: Full attendance is required. Absence with no reason will affect the registration of other courses.
Certificate	Awarded by HKACS for Full attendance (e-Cert only)
CNE point	11 points (Nursing Council of Hong Kong)

Course Outline

(Details will be updated in June)

Tentative Outline

- Experiential : Morning song : song singing for warm up
- Introduction of music therapy with cancer patients
- Introduce community music therapy –Choir with cancer patients and carers
- Experiential : Lyrics analysis
- Case sharing - From Family to Legacy - Therapeutic Song Writing
- Experiential: Music assisted relaxation - How to select suitable music for relaxation
- Experiential: Therapeutic Song writing
- Share creation made by cancer patients
- Q&A

Reminder for the participants

You will attain the best effects from the course if you attend all sessions on time which will enable you to be fully involved in the group and your own process.

Guidelines for attending the course

1. Learners have to sign in at morning and afternoon session
2. Around 15-minute break in the morning and afternoon session
3. All learners should complete the evaluation questionnaire at the end of the workshop.

What to prepare

- ✧ Please wear comfortable clothes
- ✧ Please prepare pen and paper for song writing exercise

Trainer's biography

鍾敬文

KINGMAN CHUNG

註冊音樂治療師 (澳洲)

墨爾本大學臨床導師

國際音樂治療中心創辦人

你說我在創科有限公司創辦人

香港音樂治療協會主席 (2016-2020)

癌症資訊網慈善基金榮譽顧問

音樂共悅節(香港) 幹事

瑞典 Bunne Method 認證一級督導

專業資格

澳洲昆士蘭大學音樂治療碩士

澳洲昆士蘭大學音樂及心理文學學士

腦神經音樂治療深造文憑

音樂引導想像二級文憑

新生兒加護照顧音樂治療二級文憑

Gottman Method 婚姻伴侶關係輔導治療二級文憑

大學及大專教學經驗

澳洲墨爾本大學音樂治療科實習督導

香港浸會大學音樂科實習督導

香港中文大學專業進修學院音樂治療科客席講師

香港大學專業進修學院特殊需要學童科客席講師

香港大學醫科實習督導

香港大學表達藝術治療實習督導

專業培訓及工作坊

【音樂與律動工作坊：紓緩壓力及提升健康】- 恆生銀行員工培訓

【壓力紓緩及改善睡眠質素】- OSIM 員工培訓

【Power Up – Making impossible possible】- Metlife 員工培訓

【認識音樂治療及音樂活動技巧幫助長者及殘障人士】東華三院四年年區域員工培訓

【工作坊：音樂如何增進成長和親子關係？】柏斯琴行

【音樂治療講座、培訓及工作坊】- 香港大學、香港中文大學、香港浸會大學、樹仁大學、嶺南大學

【醫療及音樂治療講座及工作坊】- 將軍澳醫院、屯門醫院、東區尤德夫人那打素醫院、沙田醫院

【國內培訓】- 佛山市順德區太和社會工作服務中心

【國內培訓】- 上海市長寧區特殊教育指導中心

【國內培訓】- 廣東省工傷復康醫院